



Highland Gardens

Let's Start Preparing for the Hurricane

Hurricane season starts June 1st and runs thru November 30th. When a hurricane strikes it can bring disaster and tragedy to us. Here are some tips to weather the season.

Do:

Notify management if you are leaving the unit and provide address and phone number where you can be contacted.

Make sure automobile is fueled up.

Start buying extra water

for drinking and non-perishable food and place it somewhere other than the kitchen.

Have extra cash on-hand for emergencies (at least \$10.00 per week).

Unplug electrical items to protect from power surges.

Bring in all exterior items.

Have a supply of medical needs including all prescription drugs.

Call 911 in an emergency.

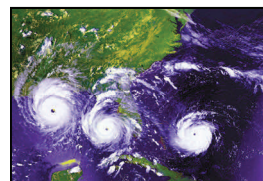
Do Not:

Do not put tape on windows or board up windows.

Do not leave electrical appliances plugged in.

Do not leave doors and windows open and/or unlocked.

Do not leave unit at any time during the storm.



Exercise is Good for your Health

Want to feel better, have more energy and perhaps live longer? Look no further than exercise. There are many benefits to regular exercise, check out these ways exercise can improve your life.

1. **Exercise controls weight** - it can help prevent excess weight gain or help maintain weight loss by burning calories. If you can't do an actual workout,

get more active throughout the day by taking stairs instead of the elevator or revving up your household chores.

2. **Exercise combats health conditions and diseases** - regular exercise can help prevent or manage a wide range of health problems including stroke, arthritis, type 2 diabetes,

depression, certain forms of cancer and falls.

3. **Exercise improves mood** - it stimulates brain chemicals that leave you feeling happier and more relaxed, boosts your confidence and improves self-esteem.

Stay tuned for more reasons why exercise is good for your health in next months newsletter.

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Special points of interest:

- If you think you have bedbugs, please contact the management office as soon as possible.
- Start preparing for hurricane season.
- Report all work orders to the management office.
- If you have a senior this year wanting to go to college. Scholarships are available, see management for details.

Summer Camp Time!

The last day of school is June 7, 2012. I bet you are wondering what your children will do for the summer. Have no fear Summer Camp is here.

Broward County Parks and Recreation department has many different amenities and summer programs that may meet the preferences of residents and their kids.

Summer Camp is for children ages 6-17. Take this opportunity to register your child(ren) today, some of the amenities may include lunch and a snack. **Spaces are limited so act quick!**

Below is a list of camps to get you started:

Roosevelt Gardens Park

2481 NW 11th Street
Ft. Lauderdale, FL
(954) 327-3888

Sunview Park

1500 SW 42nd Ave
Ft. Lauderdale, FL
(954) 791-1040

Boulevard Heights Community Center

6770 Garfield Street
Hollywood, FL
954-967-4235

Reverend Samuel Delevoe Memorial Park

2520 NW 6th Street
Ft. Lauderdale, FL. 33311
(954) 327-8729



Ventilating Your Units

Summer time is here and BCHA would like to remind you to ventilate your units.

Summer heat and humidity may cause mold to occur in your unit. Here are some tips on how to prevent mold:

- Use cooking vents when cooking.
- Use ceiling fans.
- Leave bathroom and shower doors open after use.
- Wipe down any vanity/sink tops.

- Avoid air drying dishes.
- Wipe down any and all visible moisture.
- Keep A/C on 78 degrees.
- If you do not use your AC, please open windows to let in fresh air.
- Inspect for leaks under sinks.

If you have any work orders for items that you think can prevent mold, **please call your management office right away.**

Here are some examples of mold preventive work orders:

- Visible or suspected mold.
- Leaks, moisture accumulations, major spillage.
- Musty odors in the bathrooms.
- Leaking faucets, plumbing, pet urine accidents.
- Refrigerator and A/C drip pan overflows.
- Loose, missing grout or caulk throughout the unit.

A Poem for Mother's Day

If I knew as a child what I know now, Mom,
I probably wouldn't have made things so hard for you.
I would have understood that you were looking out for my best interest.
Even though it may not have seemed so at the time.
I would have known how difficult it is to let go,

to stand back and let someone you love learn from their mistakes.
I would have realized how fortunate I was to have a mother who was always there for me, even after an argument, even after I'd said things I shouldn't have.
While it's too late for a lot of things it's not too late for me to tell you that I appreciate how loving you are,

how giving you've always been and that even though I may not always be good at showing it, I love you very much.

By Renee Duvall



May 2012

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 Rent Due	2	3	4	5
6	7	8 Late Rent Fee/Notices	9	10	11	12
13 	14	15	16	17	18	19
20	21	22 Expiration Date for Late	23	24	25	26
27	28	29	30	31		

Regularly Scheduled Monthly Activities



Preventive & Quality Control Inspections - the first week of the month



Resident Relations Hours - Tuesday 9AM - 12PM; Thursday 1PM - 3:00PM



QOL Hours-Every Tuesday 11AM-12PM and Thursday 10AM- 12:00 PM



Monthly Meeting (third Tuesday of each month @ 11:00am)



The Management Team

Resident Relations

**Tisha Coleman (954) 739-1114
ext. 1422**

**Sheneeka Perry (954) 739-1114
ext. 1473**

College Gardens

Lance Brown (954) 497-3736

Everglades Auburn/ Roosevelt

Valerie Shelton (954) 497-4581

Griffin Gardens

Lance Brown (954) 497-4577

Highland Gardens

Curvis Jackson (954) 497-4580

Meyers Estates

Valerie Shelton (954) 497-4582

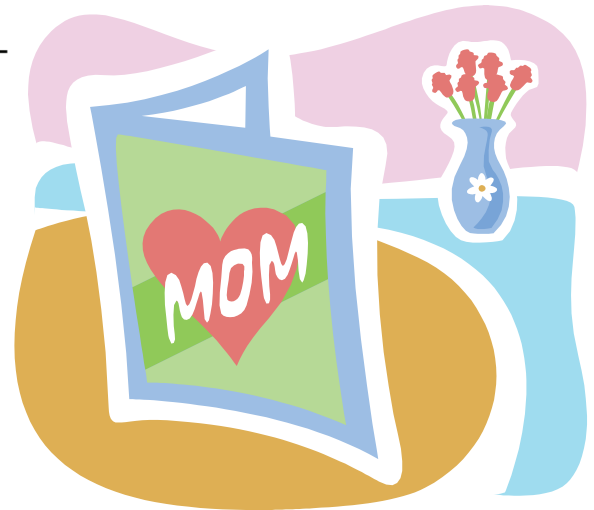
Park Ridge Court

Curvis Jackson (954) 497-4578

Mother's Day Word Search
by PartySuppliesHut.com

G I F T S L F D R A C C N W N
 E T S A F K A E R B D H F C T
 J V I Z T O H M N Y N I Q N X
 H X I Q Z T L R J Y A L J R H
 N O Q G O D P X A R B D H M Q
 Z W N M I N E A Z M S W Q H G
 V D Q O X Y W M M B U Z Y D Z
 M L U G R N T D R Q H E Q E Q
 N O V Q E L U C V S Y X M B Z
 Q N S G O E Z I E S L R Z S M
 O Q F V V A V C F P B N W K J
 H Q E Y H G G J M B S Y E S P
 U G A V J I Q A Z H N E A E J
 R D X V R C X I Z A A Y R E F
 E O D J C Y Z Y F K L D X R Z

BED
 BREAKFAST
 CARD
 CHILD
 DAY
 GIFTS
 GIVE
 HONOR
 HUSBAND
 LOVE
 MOTHER
 RESPECT



Compliment Your Site

Rating Scale 1 through 5:

1= Outstanding; 2= Excellent; 3= Good; 4= Average; 5= Poor

1. How do you rate the time and quality of your maintenance service? _____
2. Do you feel your site manager is responsive to your questions/concerns? _____
3. Overall satisfaction with site? _____
4. Comments: _____

HG

Our Mission

The Broward County Housing Authority is dedicated to creating, providing and increasing high quality housing opportunities to Broward County residents through effective and responsive management and responsible stewardship of public and private funds.